



FONDAZIONE
IVO DE CARNERI ONLUS

Per la promozione dei piani di lotta alle
malattie parassitarie nei Paesi in via di sviluppo
e l'incremento degli studi di Parassitologia

Physiotherapy Project

Location: Chake Chake Hospital,
Pemba Island (Zanzibar Archipelago,
United Republic of Tanzania).

Duration: June 2014 - May 2015.

Sponsors: Cgil Caaf Nordest

SUMMARY

This intervention aims to create a motor rehabilitation service in Chake Chake Hospital and to launch a programme within the local community to raise awareness about accident prevention and disabilities. With such goals, and thanks to the crucial funding from Caaf - Cgil del Trentino, the Fondazione Ivo de Carneri Onlus and World Friends Onlus – Amici del Mondo have set up the "Physiotherapy Project". The strategy is thus to strengthen Pemba Island's main hospital, providing it with both post-traumatic and non-post-traumatic rehabilitative medicine services, essential for the local community. The intervention is a necessary expansion of a project called "Requalification of the surgical ward at Chake Chake Hospital (Pemba, Zanzibar)", which began in 2007 by sending Italian surgeons to the hospital, providing the most urgent equipment as well as restructuring operating theatres. Furthermore, it intends to keep raising awareness in the community through a Community Rehabilitation Programme aiming at prevention and education, working in particular with schools and agricultural cooperatives.

RECIPIENTS

- the inhabitants of the Chake Chake district and of the whole island;
- doctors and nurses, who will be trained in the best operation and nursing techniques;
- selected community educators, who will be trained in accident prevention and on disabilities to further develop activities to raise awareness in the community.

GOALS

The intervention is primarily based on:

- Renovating and expanding a new structure on the foundation of a pre-existing, crumbling and unusable one;
- Supplying the necessary equipment for physiotherapy treatments;
- Training of physiotherapists on duty at the hospital through a Continuing Medical Education programme;
- Raising awareness and training mothers at the community level, as a precautionary and curative measure of fundamental importance. In fact, if mothers are properly trained and aware, they are the first to be able to intervene and improve some of the disabilities in their babies;
- Training two experts in the community to lead a Community-based Rehabilitation Programme (CBRP) is designed to raise awareness on disabilities and how to prevent them within the community (teachers, students, the disabled and their families);
- Establishing a reference team qualified to manage the department in charge of promoting the sustainability of the programme once the project is over. This department also has to act as a reference point for proposing NGOs and for future training activities.

Translated by Laura Martin and Francesca Montemagno (www.therosettafoundation.org)